

UNIMEGAMES REGULATIONS 2026

The disciplines chosen for the fifth edition of the event are:

DISCIPLINE	N. PLAYERS	RESERVES	TOTAL
Football	11	9	20
Basketball	5	5	10
Volleyball	6	6	12
Table tennis	1		1
Tennis men's singles	1		1
Tennis women's singles	1		1
Tennis mixed doubles	2		2
Swimming – mixed relay 4x50 (3+1) (2+2)	4		4
Swimming 100 m (men)	1		1
Swimming 100 m (women)	1		1
Mini Marathon 10.5 km	4		4
Running – 100 m	1		1
Running – 4 x 100 m (relay)	4		4
Running – 400 m	1		1
High jump	1		1
Long jump	1		1
Shot put	1		1

Teams from each Department must consist EXCLUSIVELY of athletes belonging to that Department, under penalty of disqualification. Checks are conducted during all phases of the tournaments; therefore, the organization reserves the right to disqualify any team that does not comply with the rules, even during the finals.

In order to participate in the UniMeGames, all athletes must hold a valid medical certificate confirming their fitness to engage in non-competitive sports activities. Random checks will be carried out during the event and failure to produce the required certificate upon request will result in disqualification.

All team sports may be played by mixed teams, therefore registration will be open both to men and women but without the obligatoriness of the rule. For athletics sports, registration will be open both to men and women for the same competition (there will be no competitions divided by gender). If, however, at the closing of the registration form there are at least 6 athletes coming from Departments different from each other, of the minority gender (man or woman), a double competition divided by genders will be created (e.g.: Running – 100 m; if 20 male athletes and 6 female athletes present themselves, two different competitions will take place that will lead to 2 different rankings and therefore further points useful for the purposes of the competition.)

In light of the previous table, each Department will be allowed to present only one team for the following sports: Football, Volleyball, Basketball, Marathon. In the case of Table tennis, Tennis, Swimming and for all athletics sports the number of teams per department may be a maximum of 3. In any case, only one team of the same department will have access to the final phases, following an appropriate selection. The organization reserves in any case the possibility of reviewing the above based on the total number of teams registered in the tournaments.

For registrations, each team must register for the tournaments by filling in the appropriate form no later than the limit of September 13 (included), in order to have time to prepare the schedule of matches and to complete the procedures for purchasing the shirts.

If more than one team for each department requests to register in the sports Football, Volleyball and Basketball, the captains will be contacted to allow the athletes the choice and the selection of the final representative to be communicated no later than one week after the closing of registrations. If no indication of the chosen team is received within the established time, none of the teams previously registered will be able to participate in the event.

The organization reserves in any case, if there are departments that do not field even one team in the aforementioned sports, to admit to the games also possible second or third teams (e.g.: Engineering 1, Engineering 2) guaranteeing from the bracket that these meet in the first phase of the tournament.

Registration in multiple sports is allowed, but not recommended. In case of matches of different sports taking place at the same time, in fact, the schedule will be respected without the possibility of changes. Whoever therefore wishes to register for multiple sports, should make sure to be able to be replaced in case it becomes necessary to choose where to play.

Maximum availability from the athletes is required for the 3 days, as it will not be possible in any way to anticipate or postpone matches, after the release of the schedules.

In depth regulations

Football

Teams must be composed of 11 players with a maximum of 9 substitutes. Teams must present themselves on the field 15 minutes before the start of the match to begin the identification of the athletes and the subsequent warm-up. For the pre-match warm-up a maximum of 10 minutes will be granted.

If one of the two teams does not present itself to the field within 10 minutes beyond the scheduled time for the start of the match, the match will be considered lost by forfeit with a score of 3-0 in favor of the other team. In the case in which the team presents itself within the maximum delay time allowed, the match will begin without granting additional time for the warm-up.

The rules are the same as 11-a-side football championships with the exception of the number of substitutions and the duration of the two halves of play. There is in fact no limit to substitutions that can be made and once a player has left the field he can re-enter for an unlimited number of times. The halves will last 20 minutes each plus any recovery at the discretion of the match referee. The interval will last 5 minutes. In case of a draw the match will be decided by penalties (5 + sudden death). The semifinals and finals will be played in two halves of 30 minutes with an interval of 10 minutes.

Basketball

Teams must be composed of a minimum of 5 players and the rules of play will be the same as the official basketball regulations (FIP regulation). The only exceptions will be the duration of the periods of play. Teams must present themselves on the court 15 minutes before the start of the match to begin the identification of the athletes and the subsequent warm-up. For the pre-match warm-up a maximum of 10 minutes will be granted.

If one of the two teams does not present itself on the court within 10 minutes beyond the scheduled time for the start of the match, the match will be considered lost by forfeit with a result of 20-0 in favor of the other team. In the case in which the team presents itself within the maximum delay time allowed, the match will begin without granting additional time for the warm-up.

The matches will be composed of 4 periods of 8 minutes each. The pause from the first to the second period and from the third to the last period will be 2 minutes. The break between the second and the third period instead will be 5 minutes.

Each team will have four time outs available. Two for the first and second period and two for the third and fourth period.

Volleyball

For the volleyball category all the rules of play present in the official FIVB regulation will apply. Therefore: the maximum number of players admitted in a team is 14; when the team is formed by more than 12 players it is mandatory to have two liberos; only the captain in play is authorized to speak with the referees; since the presence of a coach is not foreseen, only the captain in play is authorized to request time-outs; substitutions must not be requested, it will be sufficient that the player presents himself in the substitution area; the presence of the libero player is authorized up to a maximum of two (1st and 2nd libero); libero replacements are unlimited and must take place when play is stopped and in the dedicated area; all attack, block, position, rotation, screening, holding, double contact, service, net invasion, aerial invasion and under-net invasion faults will be sanctioned; delays of play will be sanctioned; sanctions (through cards) of penalty, expulsion and disqualification will be applied, if the conduct of the players requires it.

In the early phases matches will be played best of three sets. During the final phases instead they will be played best of five. The sets of the early phases will be to 15 points. In case of a draw, the third set will be to 8 points with side change at 4. The sets of the final phases will be regulation, that is to 25 points. In case of a draw, the fifth set will be to 15 points with side change at 8.

Teams must present themselves on the court at least 20 minutes before the official start time of the match for identification, draw and official warm-up. If at least six members of the team do not present themselves within 10 minutes after the official start time of the match, the match will be considered lost by forfeit with a result of 2-0 (3-0) with score 15-0 (25-0) for each set. Only registered players will be authorized to sit on the bench. Three match officials will be present for each match: 1st referee, 2nd referee and scorekeeper.

Table tennis

For the table tennis category the following rules will apply: it will not be possible to contradict the verdict of the referee and, in case of a doubtful point, the final word belongs to the referee judge (no "replays" are allowed unless the two players agree). Before the start of the match 5 minutes of warm-up will be granted. Matches will be played best of three sets; each set is played to 21 points and, in case of a tie at 20-20, play will continue until one of the two players obtains an advantage of two points. The service must be executed in compliance with the official rules: the ball must be thrown vertically upwards for at least 16 cm, must be hit during the descending phase and must bounce first in one's own field and subsequently in the opponent's, remaining always visible to the opponent. If during the service the ball touches the net but lands correctly in the opponent's field, the service is considered "LET" and must be repeated. The service changes every five points and, in case of a tie at 20-20, alternates at every point. Players must change side of the table at the end of each set; in the eventual deciding set the side change will take place when one of the two players reaches 5 points. During the rally it is not allowed to touch the table with the free hand nor move it; moreover, the point is lost if the ball does not pass the net or goes out of the playing field without bouncing in the opponent's field. Within the playing area maximum silence must be maintained in respect of the players. Teams must present themselves in the playing area at least 20 minutes before the official start time of the match for identification and official warm-up. If one of the members of the team does not present himself within 10 minutes after the official start time of the match, the match will be considered won by forfeit with a score of 3-0 (21-0 / 21-0 / 21-0).

Tennis (men's singles and women's singles and mixed doubles)

For the tennis category the following rules will apply: it will not be possible to contradict the verdict of the referee, in case of a doubtful ball the final word belongs exclusively to the referee judge (no "replays" are allowed, unless both players agree). Before the start of the match 10 minutes of warm-up will be granted.

When the sum of the games played is odd the players must change court and two minutes of rest will be granted (with the exception of the first game in which it will not be possible to sit). Inside the court maximum silence must be maintained in respect of the players who may be accompanied only and exclusively by a figure acting as coach (supporters will not be able to stay near the court but in the appropriate seats.) During the service the server cannot place the foot on the baseline of the court, in this case he commits a foot fault. If during the service the ball touches the net it is "LET", in this case the server must repeat the serve. Matches will be played best of three sets. In case of tie score: 40-40 play will continue, according to official rules, with advantages. Teams must present themselves on the court at least 20 minutes before the official start time of the match for identification, draw and official warm-up. If one of the members of the team does not present himself within 10 minutes after the official start time of the match, the match will be considered won by forfeit with a score of 6-0/6-0. In mixed doubles tennis the presence of one man and one woman for each team will be MANDATORY.

Swimming (singles both male and female and mixed relay)

Relay teams must be composed of 4 swimmers that can be divided as 3+1 or 2+2 (e.g.: 3 men and 1 woman or 2 men and 2 women). In no case more teams of the same department will be able to compete in the final. There will in fact be a selection, followed by qualifications for the lane and the final.

Mini Marathon relay, 10.5 km

A maximum of 4 athletes per Department may participate that will compose the team of the Department itself. There is no gender constraint in the composition of the teams. This competition will be open not only to the athletes in the race but also to anyone who wishes to participate in order to create a moment of collectivity for the whole University. After the run, useful for the purposes of the competition, there will in fact be another race open to "externals" with a symbolic participation award ceremony for the first three classified.

Athletics

- **Running**

For all athletics sports, based on the number of participants, selections will first be carried out among the athletes of the same Departments (in order to allow access to the finals only to one athlete per Department) and subsequently heats will be created that progressively will allow to reach a number of 6 finalists (number of available lanes). As regards the 4 x 100 relay the same criterion will apply.

- **Jumping**

In jumping events internal selections will first be carried out within the departments and, subsequently, the final competition will be held which will be contested by a maximum of one member per Department.

- **Throwing**

In throwing events internal selections will first be carried out within the departments and, subsequently, the final competition will be held which will be contested by a maximum of one member per Department.

In the event that the brackets are composed of a number of teams different from 8 or 16, the organization reserves the right to structure the brackets in the fairest possible way. The brackets will be completed during a draw that will determine the positions of the various departments on the brackets themselves.

AWARDS: Medals of gold, silver and bronze will be awarded to all first, second and third classified of each sport. To the Departments that will reach the podium a trophy will be awarded.

The calculation of the "weight" of the medals will be: 3 POINTS GOLD, 2 POINTS SILVER, 1 POINT BRONZE.

NOTE

IN CASE OF UNSPORTSMANLIKE BEHAVIOR TOWARDS THE ORGANIZING STAFF OF THE EVENT, SPORTS STAFF (REFEREES, MANAGERS, ETC), OTHER TEAMS OR ANYONE, NOT ONLY WILL THE ENTIRE TEAM BE IMMEDIATELY DISQUALIFIED FROM THE GAMES BUT DISCIPLINARY MEASURES WILL BE TAKEN RELATING TO THE UNIVERSITY CAREER OF THOSE RESPONSIBLE.