

**To the Magnificent Rector
University of Messina****Subject:** UniMEgames 2025 General Regulations

The disciplines chosen for the fourth edition of the event present some novelties, with the introduction of 6 **athletics sports (highlighted in bold in the table)**.

DISCIPLINE	N. PLAYERS	RESERVE	TOTAL
Football	11	12	23
Basketball	5	7	12
Volleyball	6	8	14
Mixed doubles tennis	2		2
Swimming - 4x50 relay	4		4
Mini Marathon 10.5km	4		4
Running - 100 m	1	1	2
Running - 4 x 100 m (relay)	4	4	8
Running - 400 m	1	1	2
High jump	1	1	2
Long jump	1	1	2
Shot put	1	1	2

All team sports will be able to be played by mixed teams, so registration will be open to both men and women but without the compulsory rule. For **athletics** sports, registration will be open to both men and women for the same competition (there will be no gender-divided competitions). If, however, at the close of the registration form there will be at least 6 athletes from different departments, of the minority gender (male or female), a double competition divided by gender will be created (e.g.: Running - 100m; if 20 male and 6 female athletes turn up, there will be two different competitions leading to 2 different rankings and thus additional points for the competition).

In the light of the above table, each Department will be allowed to present only one representative team for the following sports: Football, Volleyball, Basketball, Marathon. In the case of Tennis, Swimming - 4x50 relay and for all athletics sports, the number of teams per department may be a maximum of

3. In any case, only one team will have access to the final stages, following an appropriate selection.

For registration, each team must register for the tournaments by filling in the appropriate form no later than **14 September (inclusive)**, in order to have time to prepare the schedule of matches and to start the procedures for the purchase of T-shirts.

If more than one team from each department requests to enrol in the sports Football, Volleyball and Basketball, the captains will be contacted in order to allow the athletes to choose and select their final representative team, to be communicated no later than one week after the closing of enrolments. If no indication of the chosen team is received by the deadline, none of the previously registered teams will be able to participate in the event.

The organisation reserves the right, however, should there be departments that do not field a single team in the above-mentioned sports, to admit any second teams (e.g. Engineering 1, Engineering 2) to the games, guaranteeing from the scoreboard that they will play in the first phase of the tournament.

Registration for more than one sport is permitted, but not recommended. In the case of concurrent matches of different sports, in fact, the schedule will be adhered to without any possibility of shifting. Those wishing to register for more than one sport should therefore ensure that they can be replaced should the need arise to choose where to play.

In-depth regulations

Football

Teams must consist of 11 players with a maximum of 9 reserves. Teams must present themselves on the pitch 15 minutes before the start of the match in order to begin the recognition of athletes and the subsequent warm-up. A maximum of 10 minutes will be allowed for the pre-match warm-up.

Should either team fail to report to the pitch within 10 minutes after the scheduled starting time, the match will be considered forfeited with a score of 3-0 in favour of the other team. Should the team show up within the maximum delay time allowed, the match will start without granting additional warm-up time.

The rules are the same as in the 11-a-side football championships except for the number of changes and the duration of the two halves of the game. There is in fact no limit to the number of substitutions that can be made and once a player has left the pitch he may return for an unlimited number of times. The halves will last 20 minutes each plus any recovery time at the referee's discretion. Half-time will last 5 minutes. In the event of a draw, the challenge will be decided by penalty shoot-out (5+ overtime). The semi-finals and finals will be played over two 30-minute halves with a 10-minute interval.

Basketball

Teams must consist of a minimum of 5 players and the rules of play will be the same as the official basketball rules (FIP regulations). The only exceptions will be the duration of playing time. Teams must report to the court 15 minutes before the start of the game to begin the recognition of athletes and the subsequent warm-up. A maximum of 10 minutes will be allowed for the pre-game warm-up.

Should one of the two teams fail to report to the court within 10 minutes after the scheduled starting time, the match will be considered forfeited with a result of 20-0 in favour of the other team. Should the team present itself within the maximum delay time allowed, the match will start without granting additional time for warm-up.

The matches will consist of 4 periods of 8 minutes each. The break from the first to the second period and from the third to the last period will be 2 minutes. The break between the second and third periods will be 5 minutes.

Each team will have four time-outs. Two for the first and second periods and two for the third and fourth periods.

Volleyball

For the volleyball category, all the rules of play in the official FIVB rules will apply. Therefore:

the maximum number of players allowed in a team is 14; when the team consists of more than 12 players it is mandatory to have two frees; only the captain in play is authorised to speak to the referees; as there is no coach present, only the captain in play is authorised to request rest times; substitutions do not have to be requested, it will be sufficient for the player to be present in the substitution area; the presence of the libero player is authorised up to a maximum of two (1st and 2nd libero); the libero's substitutions are unlimited and must take place when the game is stopped and in the substitution zone; all fouls of attack, wall, position, spin, veil, hold, double touch, service, net invasion, aerial invasion and net invasion will be penalised; delays in play will be penalised; penalties (with penalty cards) of penalty, expulsion and disqualification will be applied, if the players' conduct requires it.

In the first phases, matches will be played in the best of three sets. During the final stages, on the other hand, matches will be played best of five sets. Sets in the first phases will be 15 points. In the event of a tie, the third set will be eight points with changeover to four. The sets of the final stages will be regulation, i.e. 25 points. In the event of a tie, the fifth set will be 15 points with a changeover to 8.

Teams must report to the court at least 20 minutes before the official start time for acknowledgement, draw and official warm-up. If at least six team members do not present themselves within 10 minutes after the official starting time, the match will be considered forfeited with a score of 2-0 (3-0) with a score of 15-0 (25-0) for each set. Only registered players will be allowed to sit on the bench. There will be three officials per match: 1st referee, 2nd referee and scorekeeper.

Tennis

For the tennis category, the following rules apply: it is not possible to contradict the referee's verdict; in the event of a doubtful ball, the referee has the final say (no "replays" are allowed); before the start of the match, 10 minutes warm-up time will be allowed; when the sum of the games played is odd, the players must change courts and two minutes rest will be allowed (except for the first game, when it is not possible to sit down). The players must be accompanied only by a person acting as coach (supporters may not be in the vicinity of the court, but may sit in the seats provided). If during the serve the ball touches the tape it is "LET", in which case the batsman must repeat the serve (there is no maximum number of repetitions). Matches will be played in best of three sets.

(In the event of a tied score: 40-40 we will continue, as per official rules with advantages).

Teams must present themselves on the court at least 20 minutes before the official starting time of the match for acknowledgement, draw and official warm-up.

If one of the team members does not show up within 10 minutes after the official start time, the match will be considered won by forfeit with a score of 6-0/6-0.

Swimming 4x50

Teams must consist of 4 swimmers. Under no circumstances may several teams from the same department compete in the final. There will in fact be a selection, followed by qualification for the lane and the final.

Relay Mini Marathon, 10.5 km

A maximum of four athletes per department will be allowed to take part, who will make up their department's team.

This competition will be open not only to the competing athletes but also to anyone who wishes to participate in order to create a collective moment for the entire University. After the run, which is useful for the purposes of the competition, there will in fact be another run open to 'outsiders' with a symbolic prize-giving ceremony for the top three finishers.

Athletic

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Runnin

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For all athletics sports, depending on the number of entrants, selections will first be made among athletes from the same departments (so that only one athlete per department will be granted access to the finals) and then heats will be created that will progressively lead to a number of 6 finalists (number of available lanes). For the 4 x 100 relay, the same criteria will apply.

Jumping

In the jumping competitions, internal departmental selections will be held first, followed by the final competition, which will be contested by a maximum of one member per department.

Throwing

In the throwing events, the internal departmental selections shall be held first and then the final competition shall be held with a maximum of one member per department.

In the event that the scoreboards are composed of a number of teams other than 8 or 16, the criterion of repechage of the "best loser(s)" will be applied as in the first editions of the UNIMEgames following the rule of points difference.

PRIZES: Gold, silver and bronze medals will be awarded to the first, second and third place winners of each sport. A trophy will be presented to the Departments that conquer the podium.

The "weight" count of the medals will be: 3 GOLD POINTS, 2 SILVER POINTS, 1 BRONZE POINT.